

Performing Physician \_\_\_\_\_

Arrival Time \_\_\_\_\_

**AM Bowel Preparation with CLENPIO**

- **You must be accompanied by a friend or relative to drive and assist you home. We WILL NOT discharge you** to a cab, bus, uber or other transportation service **without** a responsible party with you. You may not drive until the day after your procedure.

**Special Instructions Regarding Medications**

- If you are on an **anticoagulant/blood thinner** our nurse will contact you with instructions after contacting your prescribing physician. If you have not heard from the nurse 1 week prior to your procedure please contact our office.
- **Do Not** take **Iron supplements** for **one week prior** to the procedure date. Multivitamins are OK.
- **Diabetic patients:** \_\_\_\_\_
- **Do Not** take **Water Pill/Diuretic** (Lasix (furosemide), HCTZ (Hydrochlorothiazide), Dyazide, Diovan HCT, Spironolactone), **on the day of the procedure**
- **Heart/Blood Pressure/Thyroid/Seizure/Anxiety Medications** can be taken **on the day of the procedure** with a sip of water.
- **Stop Effexor one day before** the procedure (if applicable)
- **Asthmatic patients** should bring their **INHALERS** with them on the day of the procedure
- **Do not use Cannabis 12 hours prior to procedure**
- **All Facial Piercings MUST be removed prior to procedure**

**THE DAY BEFORE YOUR PROCEDURE**

**IMPORTANT NOTE: follow the instructions below, NOT the instructions on the prep's packaging**

- **DO NOT EAT ANY SOLID FOODS. YOU MAY ONLY HAVE CLEAR LIQUIDS.**
- Take all of your normal prescription medications, **unless advised otherwise.**
- **At 4 pm** -  yes  no Take 2 Dulcolax (Bisacodyl) Laxative tablets with water **2** hours before first dose of prep
- **At 6 pm** – Drink the first bottle of **CLENPIQ** (right from the bottle)
- **Follow** with FIVE (5) 8-ounce drinks of clear liquid over the next 2 hours

**DAY OF YOUR PROCEDURE**

- **At 12 am Midnight - Drink** the second bottle of **CLENPIQ** (right from the bottle)
- **Follow** with at least FIVE (5) 8-ounce drinks of clear liquids over the next 2 hours

**All prep and clear liquids MUST be completed by 2:30am. No additional liquids, hard candy, chewing gum after 2:30am.**

Prep instructions, patient forms, and FAQ's can also be found on our website:  
[Westchesterendocenter.com](http://Westchesterendocenter.com)

General or reschedule questions call 610-431-3122