

EGD Preparation Instructions

- You are scheduled to have an Upper Endoscopy. You **MAY NOT** have any liquids or solid foods (this includes candy, lozenges, gum) after midnight the night before your procedure. Brushing your teeth is permitted.
- You **MUST** have a responsible adult to drive you home. You may not drive or operate machinery for 12 hours after your procedure. You **MAY NOT** use any ride share services like Uber, Lyft or Taxi's unless accompanied by a responsible adult.
- **NO** cannabis products (any form) 12 hours prior to procedure
- **All Facial Piercings MUST be removed prior to procedure**
- **Do Not** take diuretics (water pill) the day of the procedure. For example: Lasix, HCTZ or Dyazide
- **Heart/Blood Pressure/Thyroid/Seizure/Nerve Medications CAN** be taken on the day of the procedure with a small sip of water at least 4 hours prior to scheduled arrival time.
- If you are on **anticoagulant/blood thinner medications**, our nurse will contact you with instructions after contacting your prescribing physician. If you have not heard from the nurse 1 week prior to your procedure, please call our office at 610-431-3122.
- **Diabetic patient instructions:**
 - **Insulin Dependent Instructions** _____
 - **Oral Medications- HOLD** the day of procedure
- **Asthmatic Patients-** Please bring your inhalers with you day of procedure
- Special Instructions _____
- Please call the main office at 610-431-3122 with any questions

****Please complete tan papers in folder and bring the day of your procedure.**

Prep instructions, patient forms, and FAQ's can also be found on our website:
Westchesterendocenter.com