

Performing Physician _____

Arrival Time _____

PM Bowel Preparation with SUTAB

- **You must be accompanied by a friend or relative to drive and assist you home. We WILL NOT discharge you** to a cab, bus, uber or other transportation service **without** a responsible party with you. You may not drive until the day after your procedure.

Special Instructions Regarding Medications

- If you are on an **anticoagulant/blood thinner** our nurse will contact you with instructions after contacting your prescribing physician. If you have not heard from the nurse 1 week prior to your procedure please contact our office.
- **Do Not take Iron supplements for one week prior** to the procedure date. Multivitamins are OK.
- **Diabetic patients:** _____
- **Do Not take Water Pill/Diuretic** (Lasix (furosemide), HCTZ (Hydrochlorothiazide), Dyazide, Diovan HCT, Spironolactone), **on the day of the procedure**
- **Heart/Blood Pressure/Thyroid/Seizure/Anxiety Medications can be taken on the day of the procedure** with a sip of water.
- **Stop Effexor one day before** the procedure (if applicable)
- **Asthmatic patients** should bring their **INHALERS** with them on the day of the procedure
- **Do not use Cannabis 12 hours prior to procedure**
- **All Facial Piercings MUST be removed prior to procedure**

THE DAY BEFORE YOUR PROCEDURE

IMPORTANT NOTE: follow the instructions below, NOT the instructions on the prep's packaging

- **You MAY Eat a light breakfast until 11:00 am**
(ex: scrambled eggs, plain white toast, orange juice. **NO** whole grains, cereals, oatmeal, etc.)
- **YOU MAY NOT HAVE ANY SOLID FOOD AFATER 11:00 am ONLY CLEAR LIQUIDS**
- Take all of your normal prescription medications, **unless advised otherwise.**
- **At 6 pm** - yes no Take 2 Dulcolax (Bisacodyl) Laxative tablets with water **2** hours before first dose of prep
- **At 8 pm** – Open 1 bottle of 12 SuTab tablets. Fill provided container with 16 oz of **Water**
Swallow 1 tablet every 1 to 2 minutes. You should finish the 12 tablets and the entire 16 oz of water
Within 20 minutes
- Approximately one (1) hour after the last tablet is ingested, fill the container with 16 oz of Water and drink the Entire amount over 30 minutes.
- Approximately 30 minutes after finishing the second container of water, fill the container again with 16 oz water
And drink the entire amount over 30 minutes.

DAY OF YOUR PROCEDURE

- **At 6 am** - Open 1 bottle of 12 SuTab tablets. Fill provided container with 16 oz of **Water**
Swallow 1 tablet every 1 to 2 minutes. You should finish the 12 tablets and the entire 16 oz of water
within 20 minutes
- Approximately one (1) hour after the last tablet is ingested, fill the container with 16 oz of Water and drink the Entire amount over 30 minutes.
- Approximately 30 minutes after finishing the second container of water, fill the container again with 16 oz water
And drink the entire amount over 30 minutes.

All prep and clear liquids MUST be completed by 8:30am.
No additional liquids, hard candy, chewing gum after 8:30am.

Prep instructions, patient forms, and FAQ's can also be found on our website:
Westchesterendocenter.com

General or reschedule questions call 610-431-3122

